

HOPEST

EAT & DRINK
CONNECT & CREATE

Menu



Lunch

From 11am to 4pm

Salads

Our delicious salads are full of locally sourced, seasonal produce and come freshly prepared in **small and large sizes**. You can also have a **side salad** added to your meal. You can **mix salads** as you like. Please check with our counter staff if you have specific dietary requirements.

Small salad	7.5
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Large salad	10

Baked Goods

We use only premium ingredients in our freshly made baked goods including the highest grade flours, real butter and free range eggs.

Sausage Rolls, Frittata, Pies and Tarts	8
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Add a side salad	4

Sandwiches, Jaffles, Paninis and Wraps

Small	5
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Large	8

*Please check the cabinet for each day's offering
All meals are available for takeaway*

Sweeties

Biscuits	3
Cakes and Brownies	4
Date Loaf	4
Banana Bread	4

Bar Food

4–8pm weekdays/noon–8pm weekends

Charcuterie Board	20
<i>Cured meat, pickled vegetables, dips, cheese and breads (Vegan and vegetarian boards available)</i>	
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Marinated Olives	6
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Housemade Spicy Nut Mix	4
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Please note, while gluten free options are available, we only have a small kitchen and do not have a dedicated gluten free preparation area.

Last Drinks served at 7:30pm.

Cold Drinks

Home Made Iced Tea

Served with muddled fruit in a tall glass 6

Tea in the Sahara

tTotaler foraging berries, lemon, rose water and lime syrup, fresh orange, elderflower syrup and strawberry

Paper Moon

tTotaler Jasmine Pearl, lemon, elderflower syrup, strawberry, mint, peach and Angostura bitters

Cold Drinks

Charlie's Honest Squeeze Orange or Apple Juice 4

Soft Drinks

4/6

Capi Blood Orange, Grapefruit, Cola, Ginger Beer, Lemon Lemonade, Tonic, Mineral Water, Flaming Ginger Beer

Milkshakes

5.5

Chocolate, Strawberry, Vanilla

Coffee

Little Guys **3.5**

Espresso, Short Macchiato, Piccolo Latte

Black and White Coffees

*Long Black, Long Macchiato, Cappuccino, Flat White,
Latte, Mocha and Hot Chocolate*

Small 3.5

Medium 4

Large 4.5

Fancy pants

Chai Latte, Matcha Latte, Turmeric Latte

Small 4

Medium 4.5

Large 5.5

Zymil Milk, Almond Milk, Soy Milk, Decaf, Extra Shot +0.5

Tea

†Totaler Organic Tea

Individual Pot	4
Pot for Two	6

BLACK TEAS

French Earl Gray

A fragrant tea made with China black tea blended with rose, hibiscus, blue cornflowers, marigold, and bergamot.

Organic English Breakfast

A traditional blend of organic and bio-dynamic Sri Lankan Assam and Ceylon black tea. Medium-bodied, golden-tipped tea, perfect with or without milk.

GREEN TEAS

Matcha

Stone Ground green tea from Uji, Japan. Bursting with antioxidants.

Coconut Lemon Splice

Australian grown Sencha, Native Lemon Myrtle and Coconut shavings.

WHITE TEA

Jasmine Pearl

Each ball hand rolled from two leaves and one bud and infused with the aroma of jasmine blossoms.

HERBAL TEAS (No caffeine)

Blue Water

Butterfly Blue Pea flower, lemon myrtle and lemongrass. Add a squeeze of lemon and watch the blue tea turn purple before your eyes.

Foraging for Berries

Fruit infusion of hibiscus, rosehip, strawberry and blackberry bits. Sweet with a tangy side.

Chai Yoga

Whole cardamom, clovers, ginger and cinnamon.

Organic Unwind

Lemongrass, peppermint, passionflower, lemon myrtle and lavender.

Organic Lemon and Ginger

After Dinner Mint

Peppermint and raspberry leaf.

*** All teas ethically traded and certified organic. We happily refill for free.*